

Author & Facilitator:

**ELENA DOLMAT,**

*ICC & MCP Coach, ICF, Neuro-Coach, CIPD*

Ms. Elena Dolmat, originally from Belarus and currently based in Malaysia/Borneo, is a professional Executive Coach with over 18 years of experience. She holds accreditations from ICC, MCP, LDP, Neuro-Coaching and CIPD. She is a certified Practitioner of a Vertical Leadership Development, Executive Coach certified by the University of Cambridge, INSEAD alumni, Coach – Neurobiologist, Team Coach, Facilitator and Trainer.

She collaborates with a diverse array of global organizations in Individual and Team Coaching settings, including Unilever, Boeing, Grab, Nike, Adidas, WeWork, The Kraft Heinz Company, Svitzer, Orange Business Services, Exinity Group, AbbVie, Netcracker, White & case, Solvay, Wargaming, Owens Corning, IQVIA, the WHO, UNOPS etc.

In her coaching practice Ms. Elena works with the Executives and Staff of the organizations and helps them build personal and professional capacity and a thinking strategy at a new level. This helps individuals understand and leverage their brain functions to foster effective communication, decision-making, conflict resolution and problem-solving skills that are sustainable and impactful.

Clients who work with Ms. Elena experience significant breakthroughs, achieving new levels of success in their personal and professional lives.



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**Areas of expertise:**

- Leadership Coaching
- Emotional Intelligence and resilience
- Decision making, meaning making and purpose
- Communication and relationship
- Vital energy (VQ), mindfulness, motivation
- Design-thinking-based Career progression
- Team Coaching
- Many other areas by request

**Educational qualifications:**

- Master of Business Administration, Management and Entrepreneurship
- Bachelor in Teaching and Education

**Accreditations:**

- Certified Leadership Coach, NeuroLeadership Institute, ICF, USA
- Professional Practitioner of the Vertical Leadership Development Framework (LDP), UK
- Certified EQ-i 2.0 | EQ360 assessor and debriefer
- Accredited Neuro-Coach, ICF, UK
- Certified and Professional Coach of International Coaching Community (ICC), UK
- Certified Coach of Meta-Cognitive Programming by the Academy of Exponential Coaching, Canada
- Practitioner Team Coach, EMCC, Australia
- Executive Coach certified by the University of Cambridge, UK
- Fellow Member CIPD, UK
- CIPD Mentor